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WHAT IS CLAIMED IS:

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A method of operating an Internet device, comprising:

downloading via the Internet a medical testing program from a server;

coupling at least one sensor to said Internet device, said at least one sensor being coupled to a patient;

executing said test program to obtain test measurement data from said at least one sensor:

uploading said test measurement data to said server via the Internet,

receiving processed test data from said server as a download from said server via the Internet; and

displaying said processed data.

- 2. A method in accordance with claim 1 comprising:

 executing a multimedia instructional guide on said Internet device to instruct said

 patient in placement of said at least one sensor.
- 3. A method in accordance with claim 2, comprising:
 downloading said guide from said server via the Internet.
- 4. A method in accordance with claim 1, comprising:

 executing a data verification program on said Internet device prior to uploading said test measurement data.
- 5. A method in accordance with claim 4, comprising:
 downloading said verification program from said server via the Internet.
- 6. A method in accordance with clam 1, comprising:

un-installing said medical testing program from said Internet device upon completion of a testing sequence.

- 7. A method in accordance with claim 1, comprising:
 utilizing an encryption program to encrypt said test measurement data.
- 5 8. A method in accordance with claim 1, comprising: storing said medical testing program in said Internet device memory.
 - 9. A method in accordance with claim 8, comprising:
 storing a testing measurement portion of said medical testing program for execution;
 storing a test diagnostic program portion of said medical testing program in said
 memory for execution;

storing a verification portion of said medical testing program in said memory for execution;

storing an encryption portion of said medical testing program in said memory for execution; and

storing an un-install portion of said medical testing program in said memory for execution.

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